

Exercise No. 1 Four-note scales in diatonic steps (G7 / C-major)

T
A
B

T
A
B

T
A
B

Exercise No. 2 Same as above played in triplets

T
A
B

T
A
B

T
A
B

Exercise No. 3 Thirds in diatonic steps (G7 / C-major)

3

T 3 5 3 7 5 8

A 2 4 2 5 4 5 5 3 6 5 6

B 3 2 5 3 2 5 3 5 2 3 2 5 3 5

T 8 5 7 5

A 8 6 8 5 6 5 7 5 7 4 5 4

B 7 5 7 3 5 2 3 5 2 3 2 3 5 2 3 2 5 3

Exercise No. 4

4

T 3 3 5 3 5 7 5 7 8 7 5 5 3 3 5 3 5 6

A 2 2 3 2 3 5 3 5 2 4 2 4 5 4 5 5

B 3 5 5 2 3 2 3 5 3 5 5

T 3 3 5 3 5 7 5 7 8 7 5 5

A 8 8 6 8 6 5 6 5 7 7 5 7 5 4 5 4 4 7 4

B 7 5 3 5 3 2 3 2 2 5 5 3 5 3 2 3 2 2 7 5

T

A 7 5 3 5 3 2 3 2 2

B 5 5 3 5 3 2 3 2 2 5 5 3

Exercise No. 5 Same as above played in 8-notes

Exercise No. 5 consists of three systems of musical notation. Each system includes a standard musical staff with a treble clef and a guitar tablature system with three staves labeled T (Treble), A (Middle), and B (Bass). The first system starts with a treble clef and a 5 on the staff. The second system starts with a treble clef. The third system starts with a treble clef. The tablature contains numbers 1-7 and 8, with some numbers appearing in triplets. The first system's tablature is: T: 3 3 5 3 5 6; A: 2 2 3 2 3 5 3 5 2 2 4 2 4 5 4 5 5; B: 3 5 5 2 2 3 2 3 5 3 5 5. The second system's tablature is: T: 5 6 3 6 3 5 3 5 7 5 7 8 7 5 5; A: 8 8 6 8 6 5 6 5 7 7 5 7 5 4 5 4 4; B: 7 7 5 7 5 4 5 4 7 7 5. The third system's tablature is: T: 7 5 3 5 3 2 3 2 2; A: 5 5 3 5 3 2 3 2 2; B: 5 5 3 5 3 2 3 2 5 2 5 3.

Arpeggios (triads) in diatonic steps played in triplets (C-major)

Exercise No. 6

Exercise No. 6 consists of two systems of musical notation. Each system includes a standard musical staff with a treble clef and a guitar tablature system with three staves labeled T (Treble), A (Middle), and B (Bass). The first system starts with a treble clef and a 6 on the staff. The second system starts with a treble clef. The tablature contains numbers 7-10, with many numbers appearing in triplets. The first system's tablature is: T: 10 7 8 7; A: 8 10 10 9 8 10 8 10 9 10 7 9 7; B: 10 9 7 10 10 9 10 7 10 10 8 7 10 7 10 8 10 7 10 8. The second system's tablature is: T: 7 8 10; A: 7 9 10 7 8 10 9 7 10 9 10 7 10 9 10; B: 8 10 7 8 9 7 10 8 10 9 7 10 9 10 7 10 8 10 7 10 8.